

A SPIRITUALITY OF AGING

Deepening Our Wisdom Years

Register online at www.cranaleith.org or call 215-934-6206
or email info@cranaleith.org

As we grow older, we become more conscious of the new realities that life holds for us. We invite you to come join in the sharing of fellowship with others who are seeking insight into the process of aging.

In a setting of prayer, peace and beauty we will share what is stirring in us, listen to valuable reflections and enter into discussion and prayer that will touch our hearts and spirits. All of this will enrich our later years, offer us wisdom and peace, and help us become more conscious of God's presence in all aspects of our lives.

Attend One or All Sessions!

Dates:

September 11, 2019

Positive Images of Aging

October 8, 2019

The Ways of Prayer

October 29, 2019

***Aging and Mystics: Where
the Two Meet***

November 12, 2019

Praying Our Feelings

November 26, 2019

***Developing an Attitude of
Gratitude: Living with a
Thankful Heart***

December 10, 2019

Cherishing Our Relationships

Time: 10 a.m.-1:30 p.m

Presenters: Marie Michele Donnelly, RSM and Mary Anne Nolan, RSM

Cost: \$30/session
(includes lunch and time for fellowship)



CRANALEITH SPIRITUAL CENTER
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Sponsored by the Sisters of Mercy, Cranaleith Spiritual Center is a non-profit organization offering a contemplative space for all those seeking wholeness and transformation for themselves and society.